



Getting Ready for Your New Baby-2021

Classes are offered by the Branch-Hillsdale-St. Joseph Community Health Agency through the WIC Program (Women, Infant and Children)

It is part of the WIC mission to provide up-to-date health information to women and babies. It helps WIC clients meet the requirements for benefit pick-up.

Classes are held online Via Zoom due to Covid Restrictions.

To REGISTER or for more INFORMATION CALL 517-437-7395 Ext 330

PARTNERS GRANDPARENTS FRIENDS are WELCOME!

YOU DO NOT HAVE TO BE A WIC CLIENT TO ATTEND!

CHILDBIRTH EXPRESS – Hillsdale

A 2 hour class that highlights topics EXPECTING MOMS care about:

How to Keep You and Your Baby Healthy During Pregnancy!

How to Tell You Are in Labor!

Labor and Delivery!

Comfort Measures! Birth Planning!

What to Expect the First Few Weeks!

Classes are held every other month

Zoom online, and the time varies.



VIA

Dates for classes in 2021:

APRIL 21-22 JUNE 23-24 AUGUST 25-26 OCTOBER 27-28

This institution is an equal opportunity provider