



Getting Ready for Your New Baby-2021

Classes are offered by the Branch-Hillsdale-St. Joseph Community Health Agency through the WIC Program (Women, Infant and Children)

It is part of the WIC mission to provide up-to-date health information to women and babies. It helps WIC clients meet the requirements for benefit pick-up.

Classes are held online Via Zoom due to Covid Restrictions.

To REGISTER or for more INFORMATION call 517-437-7395 Ext 330

PARTNERS GRANDPARENTS FRIENDS FAMILY are WELCOME!

YOU DO NOT HAVE TO BE A WIC CLIENT TO ATTEND!

BREASTFEEDING and BIRTHING: Making the Connection



Learn tools and skills for the early days of breastfeeding!

How to use the *Coffective* system to get the birth you want for YOU and YOUR BABY!

This 90 minute class is held every other month VIA Zoom online, and the time varies.

PUMPS and PUMPING

Everything YOU need to know about MILK EXPRESSION including:

How and Where to get a Breast Pump!

What PUMP is BEST!

How to USE your PUMP to get the MOST MILK!

A 30 minute add-on class to Breastfeeding and Birthing!

Via Zoom, times vary.



CLASS DATES FOR 2021

MARCH 23-25 MAY 25-27 JULY 20-22 SEPT 21-23 DECEMBER 21-23

This institution is an equal opportunity provider