

# WIC

## Women, Infants & Children

### FREE Food Benefits

For Pregnant, Breastfeeding or Post Partum  
Women, Infants & Children up to 5 years old,  
Available for those who qualify by income &/or Medicaid

#### Income Guidelines (effective 06/2020)

Size of Economic Unit	Hourly Rate	Weekly	Yearly
1	\$11.34	\$454	\$23,606
2	\$15.33	\$614	\$31,894
3	\$19.31	\$773	\$40,182
4	\$23.30	\$933	\$48,470
5	\$27.28	\$1,092	\$56,758
6	\$31.27	\$1,251	\$65,046
7	\$35.25	\$1,411	\$73,334
8	\$39.24	\$1,570	\$81,622
9	\$43.22	\$1,730	\$89,910
10	\$47.21	\$1,889	\$98,198

#### Basic Foods Could Include:

- Infant formula, cereal, fruits & vegetables
- Infant meats for fully breastfed babies
- Milk, cheese, eggs, cereal, juice
- Dry beans or peas, canned beans, peanut butter
- Tuna for fully breastfeeding mothers
- Whole grain breads, tortillas, brown rice or oatmeal
- Fresh fruits and vegetables



**Branch County**  
570 N. Marshall Road  
Coldwater, MI 49036  
(517) 279-9561

**Hillsdale County**  
20 Care Drive  
Hillsdale, MI 49242  
(517) 437-7395

**St. Joseph County**  
1110 Hill Street  
Three Rivers, MI 49093  
(269) 273-2161

**Sturgis Satellite Clinic**  
1555 E. Chicago St. Ste. C  
Sturgis, MI 49091  
(269) 273-2161

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