



LEARNING IS EVERYWHERE.  
 SO TALK, READ AND SING  
 WITH YOUR CHILDREN  
 ABOUT EVERYTHING!  
 IT WILL BUILD THEIR BRAINS  
 AND MAKE ALL FUTURE  
 LEARNING EASIER!  
 IT'S ALSO A GREAT WAY TO  
 LOVE THEM!



**TALK  
 READ  
 SING**

TALKING IS TEACHING.ORG

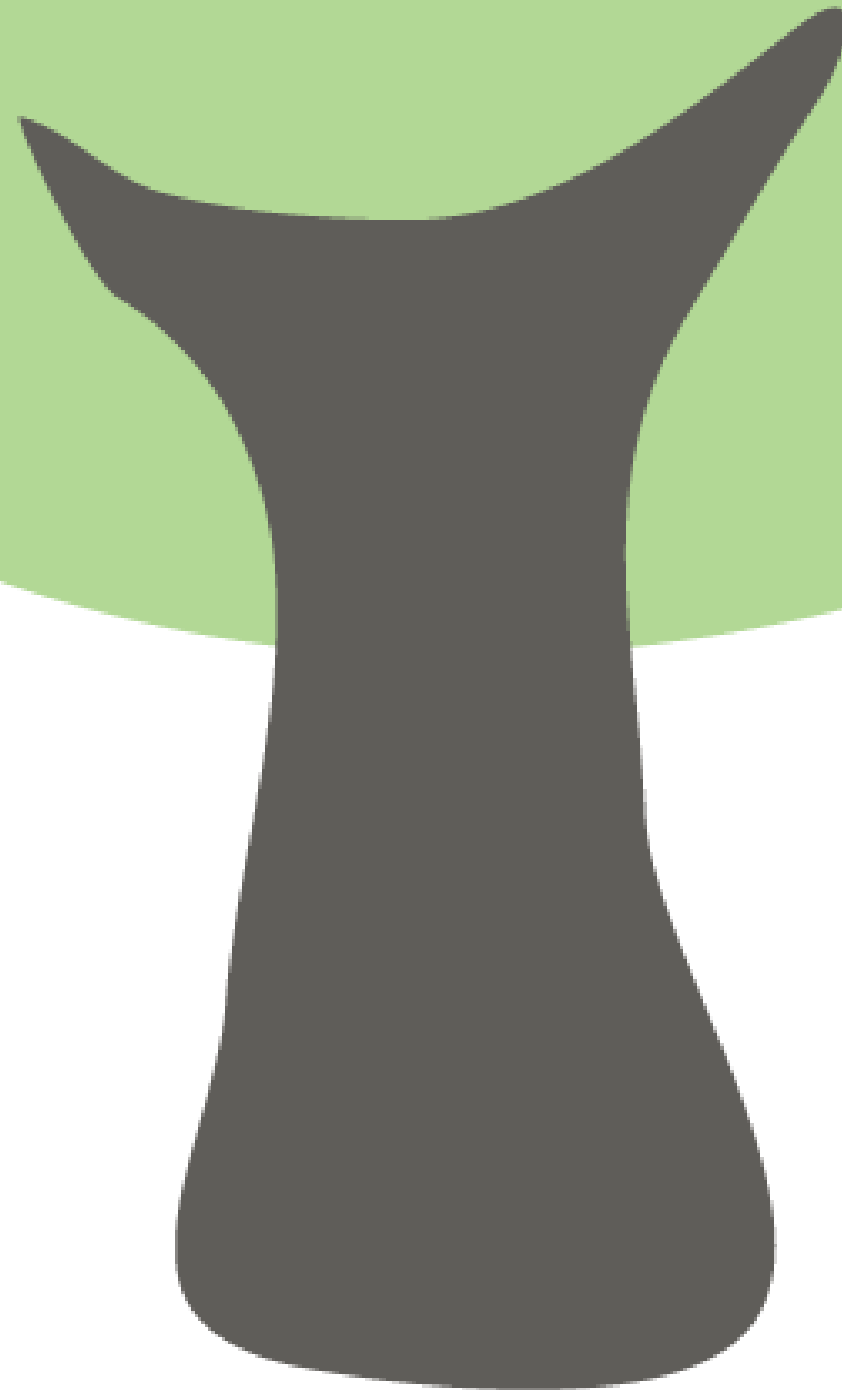


# IN YOUR HOME

- Find matching socks while sorting laundry. Talk about why they match.
- Talk about colors or shapes of things in your home.
- Talk about hot and cold in the kitchen.
- Talk about the number of plates you will need for everyone in your family when setting the table.
- See what floats and sinks in the water at bath time.
- Sing and dance together.
- Tell your children stories about your life and about their life - the day they were born, good memories from your childhood, pets you had, the places you have been, foods you loved...
- Always make time to answer your child's questions.

# WHEN YOU ARE OUTSIDE

- Talk about the weather, the sun, the breeze, or the rain. Use descriptive words like "chilly, crisp, sweltering, mild, bright, gloomy...."
- Talk together about sizes, shapes and colors that you see.
- Notice the sounds that you hear; birds chirping, dogs barking, leaves rustling, cars running, doors slamming... Talk together about all of it.
- Walk, run, twirl, skip, hop, and jump together. Have fun and talk together about what you are doing and how it makes you feel.
- Count things like sidewalks squares, houses, cars, people, bugs and birds.
- Touch things - trees, grass, fences, parked cars, stones, flowers, snow... and talk together about how each thing feels.
- Always make time to answer your child's questions.



# AT THE GROCERY STORE

- Talk about sizes, shapes and colors of fruits and vegetables. Use words such as bigger/smaller, lighter/darker, rough/smooth...
- Talk about foods that are for breakfast, lunch, dinner or snacks. Talk about items that are "food" and "not food."
- Count items as you put them in your cart and as you unload them.
- Ask your child to find things of a certain color or shape. Let your child ask you to find things of a certain color or shape.
- Talk about aisles, rows, uniforms, carts, signs and anything else that you can discover and learn about in the store.
- Talk about what you did before you came to the store and what you will do when you get home.
- Always make time to answer your child's questions.

# AT BEDTIME

- Have a routine and talk about what happens first, next and last. Something like: "First we put on our jammies, then we brush our teeth, next we read a book or sing a song and lastly you go to bed."
- On evenings when you have time, talk with your child about the things you both did during the day. Ask your child to remember with you, taking turns.
- On evenings when you have time, talk with your child about what the plans are for tomorrow. Ask your child what he/she is looking forward to.
- Close the day with a hug and a kiss. Children always need the security of knowing they are loved.
- Always make time to answer your child's questions.

# AT THE FARM

- On the way to the farm, talk about what you might or might not see there.
- Talk about the different types of animals you see.
- Talk about the sizes and colors of the animals. Find the biggest one and the smallest one.
- Talk about how the animals move.
- Talk about the sounds they make.
- Talk about what they eat.
- Sing "Old MacDonald Had a Farm."
- On they way home, talk about what you saw, heard and smelled at the farm.
- Always make time to answer your child's questions.